

# How to Carry out a Thematic Analysis

When you do a thematic analysis of the user interviews and other research you've conducted, you should follow the following 6 steps:

## 01: Familiarize Yourself with Your Data

The first step is all about getting to know your data. Go through all the data you have collected and take notes on everything that happens or is said. If you have audio or video recordings, it's often necessary to perform some type of transcription, which will allow you to work with and incorporate this form of data into your analysis.

## 02: Generate Initial Codes

A code is a brief description or title for what is being said or done; so, each time you note something interesting in your data, write down a code—e.g., “uses Google search” or “sorts files alphabetically”. Think of each code like keywords or tags that make it easy to sift through the data later.

You may want to use colored markers or stickers to indicate which code each piece of data refers to because you'll need to collate all the data into coded groups once the coding is complete. Code for as many potentially interesting themes as possible and keep a little of the data surrounding each code to ensure you don't lose too much of the context. You can also use a digital spreadsheet to keep track of your data, codes, and themes.

## 03: Search for Themes

In this step, you start to sort your codes into themes. Whereas codes identify interesting information in your data, themes are broader and involve active interpretation of the codes and the data. Take a look at your list of codes and their associated extracts, and try

to collate the codes into broader themes that say something interesting about your data.

As you search for themes, you'll find that iteration is key—you will likely want to move codes back and forth to form different themes until you find the optimal groupings. Some themes might be sub-themes to others, for example, or some codes may become themes themselves if they are interesting and substantial enough. Other codes might seem redundant after several groupings, and you can place them in a temporary mixed theme.

## 04: Review Your Themes

Review and refine the themes you identified during step 3. Read through all the extracts related to the codes to explore if they support the theme, if there are contradictions and to see if themes overlap. If there are many contradictions within a theme or it becomes too broad, you should consider splitting the theme into several themes or moving some of the codes/extracts into an existing theme where they fit better.

Keep doing this until you feel you have a set of themes which are coherent and distinctive; then go through the same process again in relation to your entire data set.

## 05: Define and Name Themes

During this step, name and describe each of the themes you identified previously. Theme names should be descriptive and (if possible) engaging. In your description of the theme, don't just describe what the theme is about; also describe what is interesting about the theme and why.

As you describe the theme, identify which story the theme tells and how this story relates to other themes as well as to your overall research question.

## 06: Produce a Report

When you write up your results, there should always be enough information about your project and process for the reader to evaluate the quality of your research. Given that, you should write up a clear account of what you have done—both when you carried out the research and during your analysis.

**Source:** Virginia Braun & Victoria Clarke, *Using thematic analysis in psychology, in Qualitative Research in Psychology*, Volume 3(2), 2006

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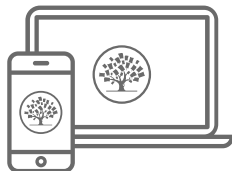
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